



## Characteristics of a Man of Christ

We probably can't take *all* the credit, but in our [survey of men](#) participating in our Men of Christ apostolate, we discovered some pretty compelling trends:

- ✓ Men attending the conference are two and a half times more likely to attend Mass on a weekly basis compared to their Catholic peers (23% attend daily).
- ✓ 83% pray on a daily basis, one in ten spend an hour or more in prayer daily. One third pray with the entire family.
- ✓ Nearly nine out of ten are involved at their parish, nearly half volunteer on a weekly basis.
- ✓ Half participate in a dynamic men's group at their parish.
- ✓ One third receive the Sacrament of Reconciliation at least monthly.
- ✓ 98% would encourage their son to consider a vocation to the priesthood.
- ✓ 84% are married compared to 52% of Catholics nationwide.
- ✓ 64% report strong or very strong feelings of connection to their wives.
- ✓ Men attending the Men of Christ conference are forty percent less likely to divorce.

Learn more at [www.menofchrist.net/impact](http://www.menofchrist.net/impact)